



INNOVATION
Behavioral Health Solutions, LLC

The Offices of Dr. Sandra Gray, Ph.D.

6655 W. Sahara Ave. Ste. B200-124

Las Vegas, NV 89146

www.DrSandraGray.com

DrSandraGray@gmail.com

(702)900-2784

Comprehensive Neurodevelopmental History

Notice to Patient: This personal history form is intended to help us gather all the information we need to help you. Everything is confidential and will not be released without your permission. Don't worry if you can't answer some of the questions, or if some do not apply to you. Just fill in the blanks as completely as you can and we will review the information with you during the initial consultation. **PLEASE PRINT OR WRITE LEGIBLY.** Thank you.

Today's Date: _____

Name: _____
(First) (Middle) (Last)

Gender: Female Male Writing hand: Right Left Ambidextrous

Race/Ethnicity: _____

Date of Birth: _____ Age: _____

Highest Level of Education or Current grade: _____

Are you currently attending school? Yes No

Military: Yes No If yes, please specify branch/current status: _____

Is English your first language? Yes No If not, what is your first language? _____

Who referred you for this evaluation? _____

Have you ever had neuropsychological or psychological testing before? Yes No

If yes, by whom? _____ When? _____

Why? _____

*****If yes, please provide a copy of your report(s).**

HISTORY OF PRESENTING PROBLEM

Why are you being seen for a neuropsychological evaluation (e.g. I had a stroke, I got in a car accident and sustained a head injury; Family members say I have memory problems; etc.)?

What are you hoping to learn or get out of this evaluation?

Date problem(s) began (estimate): _____

Course of illness/symptoms: Getting Better Getting Worse Staying the Same

CURRENT PROBLEMS

Please check ALL Categories that apply. Each Category has samples to assist you in your selection.

<input type="checkbox"/> ATTENTION PROBLEMS	
Frequently missing details, making careless errors	Difficulty paying attention for long periods of time
Easily distracted	Difficulty following instructions

<input type="checkbox"/> PROCESSING SPEED	
Difficulty thinking quickly	Feeling as though most people talk too fast
Taking longer to complete tasks than before	Frequently asking people to repeat themselves (not due to hearing difficulty)

<input type="checkbox"/> LEARNING & MEMORY	
Difficulty remembering recent events, names, faces, the date, etc.	Difficulty learning and remembering new information
Loss of long-term memories	Forgetting to take medication

□ EXECUTIVE FUNCTIONING

Acting before thinking	Difficulty problem solving, or making bad decision
Difficulty following multi-step direction	Difficulty planning and organizing

□ NON-VERBAL/VISUAL SPATIAL SKILLS

Getting lost in familiar locations	Problems Driving
Inappropriate use of objects (i.e. remote as hat)	Right-Left or directional disorientation

□ SPEECH & LANGUAGE

The feeling that a word is on the tip of your tongue	Mislabeling items (ex. Clock vs. watch)
Reduced speech volume	Difficulty understanding others or following conversations

□ MOTOR & COORDINATION

Difficulty buttoning a shirt	Difficulty opening medicine bottles
Difficulty with walking or balance/ recent falls	Shakiness/Tremor

□ SENSORY

Reduced sense of smell	Tingling sensation
Loss of feeling in part of your body	Difficulty perceiving your bodies location in space

□ PHYSICAL PROBLEMS

Frequent headaches	Bowel or Bladder Incontinence
Dizziness, nausea, vomiting	Shortness of Breath
Sleep Disturbance/ Weight Change	Pain

<input type="checkbox"/> MOOD & BEHAVIOR	
Increased irritability	Hallucinations (visual, auditory, or olfactory)
Increased Sadness/ Crying for unknown reasons	Increase nervousness, suspiciousness, etc.
Thoughts of harming yourself or taking your life	Discomfort in Social Situations

<input type="checkbox"/> RECENT OR CURRENT LIFE STRESSORS	
Change in job	Change in marital status
Death of loved one	Financial or legal problem
Moved to a new location	Taking care of aging or ill loved one

**Please rate your overall stress level: Very Low Low Average High Very High

What is the greatest source of your stress at this time? _____

ACTIVITIES OF DAILY LIVING

If applicable:

Do you drive? Yes No

Who does the cooking at home? Myself Another Person

Do you manage your own finances? Yes No

Do you manage your own medications? Yes No

Hygiene Problems? Yes No

PATIENT MEDICAL HISTORY

Have you had any blood work or imaging (e.g., CT, MRI, X-Ray) done in the past year?

Yes No

If yes, what did you have done: _____

*****If yes, please provide us a copy of your records.**

Please check the box to indicate any problems you (or patient if minor) have been identified as having and note (estimate) the year of diagnosis.

NEUROLOGIC	DATE	ENDOCRINE	DATE
<input type="checkbox"/> Brain Injury		<input type="checkbox"/> Diabetes	
<input type="checkbox"/> Brain Aneurysm		<input type="checkbox"/> Hypoglycemia	
<input type="checkbox"/> Migraines		<input type="checkbox"/> Hypothyroidism	
<input type="checkbox"/> Movement Disorder		<input type="checkbox"/> Hyperthyroidism (e.g., Graves)	
<input type="checkbox"/> Brain or Spinal Tumor		<input type="checkbox"/> Parathyroid Disorder	
<input type="checkbox"/> Stroke		<input type="checkbox"/> Adrenal Gland Disorder (e.g., Addison's)	
<input type="checkbox"/> Seizures		<input type="checkbox"/> Kidney Disorder	
<input type="checkbox"/> Dementia		<input type="checkbox"/> Cushing's Syndrome	
<input type="checkbox"/> Narcolepsy		<input type="checkbox"/> Low Testosterone	
<input type="checkbox"/> Sleep Disorder		<input type="checkbox"/> Menopause	
CARIOVASCULAR	DATE	NOSE, EAR, THROAT	DATE
<input type="checkbox"/> High Blood Pressure		<input type="checkbox"/> Dizziness (e.g., vertigo, BPPV)	
<input type="checkbox"/> High Cholesterol		<input type="checkbox"/> Chronic Ear Infections	
<input type="checkbox"/> Heart Disease		<input type="checkbox"/> Swallowing Disorder	
<input type="checkbox"/> Arteriosclerosis		<input type="checkbox"/> Macular Degeneration	
<input type="checkbox"/> Blood Disease (e.g., anemia)		<input type="checkbox"/> Cataracts or Glaucoma	
GENITAL-URINARY/ GASTRO- INTESTINAL	DATE	MUSCULAR-SKELETAL	DATE
<input type="checkbox"/> Bowel or Bladder Incontinence		<input type="checkbox"/> Amputation	
<input type="checkbox"/> Colon Disease (e.g., Crohn's, IBS)		<input type="checkbox"/> Arthritis	
<input type="checkbox"/> Regular Urinary Tract Infections		<input type="checkbox"/> Degenerative Joint Disease	
<input type="checkbox"/> Gastroesophageal Reflux Disease		<input type="checkbox"/> Osteoporosis	
<input type="checkbox"/> Pancreatitis		<input type="checkbox"/> Fibromyalgia	
<input type="checkbox"/> Liver Disease (e.g., hepatitis)		<input type="checkbox"/> Chronic Fatigue Syndrome	
ONCOLOGY	DATE	GENETIC	DATE
<input type="checkbox"/> Type & Site of cancer:		<input type="checkbox"/> Type (e.g., Fragile X, Down Syndrome, Mitochondrial Disease):	

MENTAL HEALTH	DATE	OTHER:	DATE
<input type="checkbox"/> Anxiety Disorder			
<input type="checkbox"/> Mood Disorder (e.g., Depression, Bipolar)			
<input type="checkbox"/> Psychotic Disorder (e.g., Schizophrenia)			
<input type="checkbox"/> Substance Use Disorder			

Have you ever experienced loss of consciousness? Yes No

Explain: _____

Surgeries? Yes No

If yes, please complete the following:

REASON	DATE	LENGTH OF STAY

Hospitalization(s)? Yes No

If yes, please complete the following:

REASON	DATE	LENGTH OF STAY

Temperature over 104 degrees? Yes No

Date(s): _____

Please list ALL medications you (or patient if minor) are currently taking.

Medication	Dose	How often do you take it?	Reason

FAMILY MEDICAL HISTORY

Please check any diagnoses that your family members (blood relatives) have.

Medical Condition	Mother	Father	Mother's Mother	Mother's Father	Father's Father	Father's Mother	Sibling	Other
Dementia								
Seizures								
Movement Disorder (e.g., Parkinson's)								
Multiple Sclerosis								
Migraines								
Stroke								
Diabetes								
Hypertension								
Cancer								
Hyper-/hypothyroidism								
Genetic Disorder								
Learning Disability								
Dementia								

PATIENT SOCIAL HISTORY

Where were you born? _____

Where were you raised _____

Relationship Status: Single Married Divorced Widowed Other

Years Married (if applicable): _____

Do you have Children: Yes No If yes, please list their ages: _____

Number of Marriages: _____

Currently living in: House Condo/Apartment Assisted Living Facility Nursing Home

Please list everyone currently living in your household:

NAME	RELATIONSHIP	AGE

PATIENT DEVELOPMENTAL HISTORY

I. Pregnancy and Delivery (Your biological mother; please fill out as much as you know)

Duration of pregnancy (weeks) _____ (full term = 40 weeks)

Check any of the following problems that occurred during the pregnancy with you, providing you have the information:

- | | |
|--|--|
| <input type="checkbox"/> Excessive vomiting | <input type="checkbox"/> Toxemia |
| <input type="checkbox"/> Threatened miscarriage | <input type="checkbox"/> High blood pressure (<i>hypertension</i>) |
| <input type="checkbox"/> Spotting/ bleeding | <input type="checkbox"/> Anemia |
| <input type="checkbox"/> Infections | <input type="checkbox"/> Physical Injury |
| <input type="checkbox"/> Toxic exposure | <input type="checkbox"/> Drinking (<i>How much?</i> _____) |
| <input type="checkbox"/> Trauma (<i>physical/mental</i>) | <input type="checkbox"/> Smoking (<i>How much?</i> _____) |
| <input type="checkbox"/> RH incompatibility | <input type="checkbox"/> Drug abuse (<i>Which drugs?</i> _____) |
| <input type="checkbox"/> Diabetes | |

Delivery

Labor: Spontaneous Induced Duration (*hours*) _____

Delivery: Vaginal Breech C-Section Apgar scores (*if known*) _____

Birth weight: Lbs _____ Oz _____

- Complications: Cord around neck Hemorrhage Forceps Bruising
 Oxygen deprivation Birth injury Required oxygen Transfusions
 Other complications? _____

Did you have:

- | | | |
|--|--|--|
| <input type="checkbox"/> Problems sucking | <input type="checkbox"/> Problems growing | <input type="checkbox"/> Excessive sleep |
| <input type="checkbox"/> Problems swallowing | <input type="checkbox"/> Unusual stiffness | <input type="checkbox"/> Milk allergies |
| <input type="checkbox"/> Feeding problems | <input type="checkbox"/> Problems sleeping | <input type="checkbox"/> Other allergies |
| <input type="checkbox"/> Other _____ | | |

What is known about your behavior, mood, and temperament for the first **18-25** months?

II. Developmental progression

Developmental milestones (*age achieved*) Please be as precise as possible.

- | | | |
|-------------------------|---------------------------------|-----------------------------------|
| 1. _____ Rolled over? | 2. _____ Sat up? | 3. _____ First words? |
| 4. _____ Sentences? | 5. _____ Bladder trained (day)? | 6. _____ Bladder trained (night)? |
| 7. _____ Bowel trained? | 8. _____ Walked? | |

Were any of the following present to an **unusual** degree during the **first six years** of life?

- | | |
|--|--|
| <input type="checkbox"/> Allergies | <input type="checkbox"/> Poisoning/Toxic exposure |
| <input type="checkbox"/> Ear infections | <input type="checkbox"/> Poor weight gain |
| <input type="checkbox"/> Tubes (i.e. for ear infections) | <input type="checkbox"/> Lethargic |
| <input type="checkbox"/> Eating problems | <input type="checkbox"/> Colic |
| <input type="checkbox"/> Drooling | <input type="checkbox"/> Head-banging |
| <input type="checkbox"/> High fevers | <input type="checkbox"/> Clumsy, uncoordinated |
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Unusual number of accidents |
| <input type="checkbox"/> Restless | <input type="checkbox"/> Aggressive |
| <input type="checkbox"/> Disrupted sleep | <input type="checkbox"/> Thumb-sucking |
| <input type="checkbox"/> Not easily calmed | <input type="checkbox"/> Nightmares |
| <input type="checkbox"/> Difficult to console | <input type="checkbox"/> Easily agitated |
| <input type="checkbox"/> Into everything/Climbing | <input type="checkbox"/> Unresponsive |
| <input type="checkbox"/> Other _____ | |

Childhood history of (check where applicable)

- Abuse Motor Problems
- Head Injury Seizures
- High Fevers Speech Problems
- Stuttering Other: _____

Are you (or patient if minor): Right-handed Left-handed Ambidextrous?

When did handedness become evident? _____

Did you ever change handedness? Yes No

Family history of left handedness? Yes No

FAMILY HISTORY

Biological Mother: _____ Age: _____

Highest grade completed? _____

Occupation? _____

Have any of your **maternal** blood relatives experienced problems similar to those you are currently experiencing? *If so, please describe:* _____

Biological Father: _____ Age: _____

Highest grade completed? _____

Occupation? _____

Have any of your **paternal** blood relatives experienced problems similar to those you are currently experiencing? *If so, please describe:* _____

Please list all of your siblings:

<i>First Name Only</i>	<i>Age</i>	<i>Medical/Social/School problems</i>

Check all that apply:

Maternal:

- Learning problems
- School problems
- Attention/Concentration problems
- Hyperactivity
- Anxiety
- Obsessive Compulsive Disorder
- Unreasonable fears (phobias)
- Depression
- Suicide
- Alcoholism
- Drug abuse
- Psychiatric hospitalization
- Schizophrenia
- Bipolar Disorder
- Other _____

Paternal:

- Learning problems
- School problems
- Attention/Concentration problems
- Hyperactivity
- Anxiety
- Obsessive Compulsive Disorder
- Unreasonable fears (phobias)
- Depression
- Suicide
- Alcoholism
- Drug Abuse
- Psychiatric hospitalization
- Schizophrenia
- Bipolar Disorder
- Other _____

PATIENT ACADEMIC HISTORY

Is the patient currently enrolled in school? If so, what grade? _____

School Name: _____

If minor, does your child currently participate in special education programming? Yes No

What category is the IEP under? _____

Trouble making friends: Yes No

****Please provide a copy of your IEP****

If you are no longer enrolled in school, please complete the following:

Rate your school experiences (if applicable).

Preschool	<input type="checkbox"/>	Good	<input type="checkbox"/>	Average	<input type="checkbox"/>	Poor
Kindergarten	<input type="checkbox"/>	Good	<input type="checkbox"/>	Average	<input type="checkbox"/>	Poor
Grade School	<input type="checkbox"/>	Good	<input type="checkbox"/>	Average	<input type="checkbox"/>	Poor
Junior High	<input type="checkbox"/>	Good	<input type="checkbox"/>	Average	<input type="checkbox"/>	Poor
High School	<input type="checkbox"/>	Good	<input type="checkbox"/>	Average	<input type="checkbox"/>	Poor
College	<input type="checkbox"/>	Good	<input type="checkbox"/>	Average	<input type="checkbox"/>	Poor

Did you have any academic difficulty? Yes No

Were you diagnosed with a Learning Disability? Yes No

Were you (or patient if minor) ever retained for any reason or was retention ever been suggested?

Yes No

If yes, please explain _____

Have you ever been in resource or special education placement? Yes No

If yes, please explain _____

Have you ever been referred for special education? Yes No

If yes, please explain _____

Trouble making friends: Yes No

Current struggles with making and maintaining relationships: Yes No

OCCUPATIONAL HISTORY

Not Applicable as Patient is a minor/No employment history

Are you employed outside the home? Yes No

If yes, what is your occupation? _____ How many hours per week do you work? _____

If no, are you unable to work because of an injury or illness? Yes No

Last date worked: _____ If not working now, what was your former occupation? _____

Did you serve in the Military? Yes No

If yes, Branch: _____ Years Served: _____

MOS: _____

Discharge Rank: _____ Type of Discharge: _____

Deployment History: _____

Combat experience: Yes No If Yes,
Describe: _____

Service connected disability: Yes No If yes, Describe _____

SUBSTANCE ABUSE HISTORY

Not Applicable as Patient is a minor and No substance use history

Do you smoke? Yes No If yes, how much? _____

Have you quit smoking? Yes No If yes, when did you stop? _____

How much alcohol do you drink (amount/days per week/times per day)? _____

Have you ever been arrested for DUI/DWI? Yes No If yes, when? _____

Have you ever been treated for problems related to alcohol use? Yes No If yes, when? _____

Have you ever used street drugs (including marijuana) regularly? Yes No If yes, which ones? _____

Substance abuse: Yes No

Type, frequency, main choice, last used: _____

Caffeine intake: Yes No

Type / Amount _____

Smoking: Yes No If yes, Amount (i.e., packs per day) _____

If quit, when? _____ / _____ / _____

Neurotoxin exposure: Yes No

If yes, Type & Date _____

LEGAL HISTORY

Not Applicable as Patient is a minor and/or no legal history

Arrests: Yes No If yes, Number of arrests: _____

Reason/Charges: _____

Convictions: Yes No

Charges: _____

PATIENT PSYCHOLOGICAL HISTORY

All adults exhibit, to some degree, the behaviors listed below. Check those that you believe you exhibit to an excessive or exaggerated degree compared to others of the same age:

Behavioral:

- Hyperactivity
- Impulsivity
- Low frustration tolerance
- Interrupting frequently
- Sudden acts of aggression
- Depression
- Acting as if 'driven by a motor'
- Temper outbursts
- Aggression
- Disorganized
- Accident prone
- Nail-biting
- Excessive Swearing
- Sloppiness
- Anxiety
- Social Withdraw

Cognitive:

- Tics/twitching
- Sleep-walking
- Clumsiness
- Avoidance of Reading
- Not listening
- Poor memory
- Not thinking logically
- Problems understanding jokes
- Problems finding the 'right' word
- Poor awareness of time
- Poor attention span
- Problems expressing thoughts or ideas
- Difficulty finishing tasks
- Difficulty listening
- Problem expressing emotion
- Not learning from mistakes/experience
- Getting lost easily

If you checked any of the above, please specify the frequency/duration of these problems (example: Anxiety: 5 days per week, 2 times per day):

When did these problems begin (age/year)? _____

Did you begin to experience these symptoms after an injury or following increased substance use?

Yes No

If yes, please explain: _____

Have you (or patient if minor) ever received any psychological or psychiatric treatment? Yes No

If yes, by whom and when? _____

Please list all of the doctors, therapists, and other providers treating you right now.

Name	Specialty	Phone Number

Have you (or patient if minor) experienced any of the following?

- Formal diagnosis of emotional psychiatric problems? Yes No
Treatment by a psychiatrist, psychologist, or psychotherapist? Yes No
Hospitalization for emotional or psychiatric problems? Yes No
Taken medication for emotional or psychiatric problems? Yes No

If you checked any of the above, please specify diagnosis and dates/reason for treatment:

Neurological History

Complete this section **ONLY** if you (or patient if minor) have seen a neurologist or neurosurgeon for some diagnosed disease or injury (e.g., brain tumor, seizures, infectious diseases of the brain, head injury).

Check all that apply to you:

- | | | |
|---|---|---|
| <input type="checkbox"/> Birth injury | <input type="checkbox"/> Spinal cord injury | <input type="checkbox"/> Developmental disorder |
| <input type="checkbox"/> Brain tumor | <input type="checkbox"/> Endocrine problems | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> Meningitis | <input type="checkbox"/> Cerebral Palsy | <input type="checkbox"/> Encephalitis |
| <input type="checkbox"/> Head injury/concussion | <input type="checkbox"/> Traumatic brain injury | <input type="checkbox"/> Headaches |
| <input type="checkbox"/> Other (<i>specify</i>) _____ | | |

Age at initial diagnosis _____

Presenting complaints or symptoms:

Diagnosis _____

Current neurologists/neurosurgeons:

Previous neurologists/neurosurgeons that have seen you:

Have you had or are you having seizures currently? _____

Date of last seizure? _____

Diagnostic procedures completed:

- CT Scan *date(s)* _____
 MRI Scan *date(s)* _____
 SPECT Scan *date(s)* _____
 PET Scan *date(s)* _____
 Spinal Tap *date(s)* _____
 EEG *date(s)* _____

Hospitalizations: *(include date and reason)*

Have you noticed any problems in your sense of:

- vision
- hearing
- smell
- taste
- touch

Are you having any problems with:

- alertness
- anger
- appetite
- balancing checkbook
- concentration
- coordination
- dizziness
- driving
- energy
- fainting
- headaches

Are you having any problems with:

- irritability
- memory
- numbness
- pain
- reading
- sadness
- sense of direction
- sleep
- speech
- balance in walking
- weakness
- writing

If you checked any of the above, please specify the frequency/duration of these problems (example: Anger outbursts 5 days per week, 2 times per day):

Additional Remarks

Please write any additional remarks you may wish regarding your problems:

Prefrontal Problems

1 2 3

- short attention span
- distractibility
- impulsivity
- procrastination
- disorganization
- misperceptions
- judgment
- restlessness/hyperactivity
- poor motivation

Temporal Lobe Problems

1 2 3

- periods of aggressiveness
- illusions/hallucinations
- periods of amnesia
- déjà vu, other odd sensations
- reading/auditory processing problems
- panic/fear for little reason
- spaciness/confusion
- excessive religiosity/evil or scary thoughts
- persistent suicidal ideation

Learning Problems

1 2 3

- reading problems
- switching/reversing letters or numbers
- problems remembering what is read
- poor handwriting
- trouble putting thoughts on paper
- math problems
- sequencing problems
- memory problems
- sensitivity to light
- misperceive others
- uses wrong words in speech

Cingulate Problems

1 2 3

- worrying
- holds grudges
- stuck on thoughts
- stuck on behaviors
- argumentativeness
- oppositional behavior
- addictive behaviors
- cognitive inflexibility
- needing things done a certain way

Limbic Problems

1 2 3

- moodiness, irritability, clinical depression
- increased negative thinking
- perceive events in a negative way
- decreased motivation
- flood of negative emotions
- appetite and sleep problems
- social isolation
- decreased/increased sexual responsiveness

Basal Ganglia Problems

1 2 3

- anxiety, nervousness
- panic attacks
- tendency to predict the worst
- negative patterns from past control behavior
- trouble dealing with conflict

1 = mild intensity
 2 = moderate intensity
 3 = sever intensity
 No check = no problem or not discussed