

PSYCHOLOGICAL SERVICES

- Psychological Assessment
- Neuropsychological Assessment
- Cognitive Functioning
- Competency Evaluations
- Hardship Evaluations
- Consultation
- Group and Individual Therapy
- Grief and Loss Therapy
- Depression & Anxiety
- Panic Disorder
- Trauma
- EMDR Therapy

HOW CAN YOUR CLIENTS BENEFIT?

- Objective data from reliable and valid testing measures
- Determine the previous level of functioning of an individual prior to an injury through collateral reports and records review.
- Short and long-term evidence-based psychotherapy to address trauma, depression, and/or anxiety resulting from an injury
- Establish that a client was competent at the time of executing a will or trust.
- Assess mental competency to determine the need for a guardian.
- Assess the effects of a traumatic brain injury on cognitive abilities and daily functioning.
- Assess the hardship on a U.S. Citizen in immigration and deportation cases.



INNOVATION
Behavioral Health Solutions, LLC
The Offices of Dr. Sandra Gray, Ph.D.

**CLINICAL PSYCHOLOGIST
ON YOUR TEAM**

Hablamos Español



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**SERVING
SOUTHERN NEVADA
SINCE 2008**

OUR APPROACH

IBHS, LLC has been providing services to Southern Nevada since 2008 and we take pride in our services and training tailored to the patient and/or family's needs, values, culture, and strengths. IBHS, LLC uses psychological measures considered Gold Standard in the psychological community using the latest technology.

PSYCHOLOGICAL & NEUROPSYCHOLOGICAL EVALUATION

- Pre-surgical Evaluations
- Competency Evaluations
- Cognitive Evaluations
- Psychoeducational
- Learning Disorders
- Hardship Evaluations
- Personality Testing
- Differential Diagnosis

COMPETENCY EVALUATIONS

Competency evaluations are conducted in order to evaluate an individual's cognitive functioning, memory capacity and reasoning ability. Assessing competency is essential in ensuring that an individual is competent to execute a will, determining medical directives, opening a trust account, and/or establishing a power of attorney. In terms of older adults, competency evaluations assess cognitive deficits to determine the need for a guardian to manage the individual's financial affairs.

INJURIES

Not all injuries are physically apparent. Whether due to a traumatic event or traumatic brain injury, the consequences of these experiences can have a detrimental effect on an individual's life. For example, a brain injury can result in personality changes, mood changes, and deficits in cognitive functioning (i.e., concentration, attention, memory, etc.). Additionally, being exposed to a traumatic event, whether it be a car accident or a mass shooting, can significantly negatively impact social and emotional functioning. Psychological evaluation can assist in assessing these cognitive and psychological changes relative to premorbid functioning.

HARDSHIP EVALUATIONS

Family members (US Citizens or USC) of individuals facing deportation can experience significant psychological distress and hardship. A hardship evaluation can assist in assessing the current and potential hardship of a USC.

THE INNOVATION DIFFERENCE: A PSYCHOLOGIST ON YOUR TEAM

CULTURAL COMPETENCE

Dr. Sandra Gray earned her Ph.D. in clinical psychology, as well as dual masters in mental health counseling and in psychology. Her dissertation research, training, and experience has focused on racial and ethnic differences in the experience of trauma, specifically sexual abuse. As a bilingual, first generation Mexican-American individual, much of her work has involved working with Spanish-speaking populations and other minority groups. Dr. Gray's pre-doctoral and post-doctoral training focused on psychological and neuropsychological evaluations, respectively.

PSYCHOTHERAPY & COUNSELING

Psychotherapy can be essential in assisting your clients to get back to their daily routines after a traumatic event or accident results in impairment in their social, emotional, and/or occupational functioning. We provide evidence-based treatment using best practice methods. Psychotherapy areas we specialize in include:

- Sexual Abuse and Assault
- Trauma
- Relationship Problems
- Interpersonal Skills
- Depression
- Anxiety
- Grief/Loss
- EMDR (Eye Movement Desensitization and Reprocessing)