

## TRAINING FOCUS

Students at IBHS, LLC will focus largely on assessment. While there are opportunities for individual, group, family, and couples therapy, we understand that there is a need for more BIPOC testing psychologists and those able to conduct bilingual assessment. Currently, only 5% and 4% of all psychologists are Latinx or Black, respectively. Of the 5% of Latinx psychologist, only 5% of these can provide bilingual services. This results in the misdiagnosis and over pathologizing of BIPOC populations due to lack of culturally responsive and trauma informed assessment, in addition to implicit bias and the historical criminalization of mental health among BIPOC populations.

## WHAT TO EXPECT

Specialized training will focus on trauma informed, bilingual, and culturally responsive neuropsychological assessment and evidenced based treatment, with a focus on liberation psychology and decolonizing mental health practices. Students will learn to develop culturally responsive interviewing and diagnostic skills, as well as testing batteries to assess for various neurodevelopmental and neuropsychological conditions. Students will additionally be exposed to a wide range of assessments including immigration, presurgical, international adoption, vocational rehabilitation, disability, psychoeducational, and court ordered evaluations.

## INTERN BENEFITS

IBHS Doctoral Health Service Psychology Internship program holds APPIC Membership. We offer the following competitive benefits:

- 12-month internship
- 50% of cost for Medical & Dental Benefits
- Short Term Disability
- Life Insurance
- \$40,000/year stipend
- Quarterly Self-Care & Team Building Activities
- Quarterly Full-Day Trainings



**INNOVATION**  
Behavioral Health Solutions, LLC  
The Offices of Dr. Sandra Leon-Villa, Ph.D.

Health Psychology  
Doctoral Internship  
Training Program

**Dr. Sandra León-Villa, PhD.**  
**Owner/Licensed Psychologist**

6655 W. Sahara Ave, Ste. C203  
Las Vegas, NV 89146  
P:702.900.2784 • F:702.940.6154  
admin@InnovationBHS.com  
www.InnovationBHS.com

**SERVING**  
**SOUTHERN NEVADA**  
**SINCE 2008**

## OUR APPROACH

IBHS, LLC has been providing services to Clark County since 2008 and we take pride in our services and training tailored to the patient and/or family's needs, values, culture, and strengths. IBHS, LLC uses psychological measures considered Gold Standard in the psychological community using the latest technology.

**OUR MISSION** is to create mental health equity through a liberatory praxis, which involves minimizing mental health disparities through the incorporation of systemic and historical factors in assessment and through ensuring everyone has equal access to well-being regardless of socioeconomic status or other barriers through community outreach, specifically to Black, Indigenous, People of Color (BIPOC) communities, providing psychoeducation, and ensuring diversity and inclusion not only in the community we serve, but also in our team of clinical and administrative staff.

# THE INNOVATION DIFFERENCE.

## CULTURAL COMPETENCE

Dr. Sandra León-Villa earned her Ph.D. in clinical psychology, as well as dual masters in mental health counseling and in psychology. Her dissertation research, training, and experience has focused on racial and ethnic differences in the experience of trauma, specifically sexual abuse. As a bilingual, first generation Mexican American individual, much of her work has involved working with Spanish-speaking populations and other communities of color. Dr. León-Villa's pre-doctoral and post-doctoral training focused on psychological and neuropsychological evaluations, respectively. Currently, Dr. León-Villa's work focuses on decolonizing mental health and the workspace, by providing trauma informed and culturally responsive services.

## PSYCHOTHERAPY & COUNSELING

We take a multidisciplinary approach to treatment to provide evidenced interventions using best practice methods. We provide quarterly training in addition to didactic training. Psychotherapy areas we specialize in include:

- Sexual Abuse and Assault
- Trauma, including intergenerational, community violence, poverty, and colonization trauma.
- First Generation related issues
- Interpersonal Skills
- Depression
- Anxiety
- Grief/Loss
- EMDR (Eye Movement Desensitization and Reprocessing)

## PSYCHOLOGICAL & NEUROPSYCHOLOGICAL EVALUATION

- Autism Spectrum Disorder
- Attentional Problems/ADHD
- Cognitive Evaluations
- Traumatic Brain Injury (TBI)
- Presurgical Evaluations
- International Adoption Evaluations
- Psychoeducational Assessment
- Vocational Rehabilitation
- Disability Evaluations
- Immigration Evaluations
- Personality Testing
- Differential Diagnosis
- Competency Evaluations

## Populations We Treat

As a predominantly BIPOC group practice, we focus on BIPOC mental health, thereby working with a very diverse population including children (ages 30 months and older) and adults. We provide a space to decolonize western mental health practices and incorporate spirituality and other Indigenous healing practices that our patients already practice as part of their healing journey.